



May 2020

CASP News

Messages from CASP....

This is certainly an extraordinary time as we navigate through the issues facing our organisation with COVID-19. The way forward will need to be a balanced approach considering all of our industry stakeholders including the NSW Health Guidelines and Public Health orders, Safework Australia and Safework NSW requirements, Community Sport recommendations, NSW Department of Education and feedback from our own Coaches and Volunteers.

CASP are continuing to monitor the changing COVID-19 situation to facilitate a safe as possible return to programs. CASP are considering Venue, Volunteer, Participant and Session requirements and how we can operate in the future in a COVID Safe environment. CASP will also continue to work with the RDA(NSW) Board to ensure the way forward meets the needs of the organisation before the go ahead to resume programs is given.

As we start to hear of easing of restrictions throughout NSW we do know that there must also be thought given to individual Centre operations and the ability of the Centre to manage the reinstatement of programs in a staged manner based on the human and physical resources available and the willingness of personnel to manage the risks involved. We know there is no magic switch to turn everything back on.

The COVID Safe environment requirements will need to be communicated, Volunteers will need training, Horses will need to be brought back in from their spell to be worked and reacquainted with their working environment, Venues will need some additional signage and Session planning will need to be reimagined.

In the meantime we are encouraging Trainee's to continue with their theory work, Coaching personnel to connect with others through our Zoom Networking sessions and in general taking care of themselves and their families whilst there is some downtime.

Continue washing your hands, get tested and stay home if you have respiratory illness signs, stay healthy and well.

If you have specific questions or concerns please email
casp@rdansw.org.au

Take care, stay well and stay up to date with more information available at:

www.health.nsw.gov.au

SAVE THE DATE

Online Zoom Networking for Coaches and Trainees

Monday 11th May	Tuesday 12th May	Wednesday 13th May	Thursday 14th May	Friday 15th May	Saturday 16th May
	Qualified Assistant Coach Session 10am	Trainee Assistant Coach Session 2pm			Qualified Coach Session 10am
Monday 18th May	Tuesday 19th May	Wednesday 20th May	Thursday 21st May	Friday 22nd May	Saturday 23rd May
		Trainee Coach Session 10am	Qualified Coach Session 2pm		
Monday 25th May	Tuesday 26th May	Wednesday 27th May	Thursday 28th May	Friday 29th May	Saturday 30th May
					Qualified Assistant Coach Session 10am

Register for one of these networking sessions here:

<https://www.surveymonkey.com/r/KKR8NSH>

Be mindful of your own health and wellbeing at this time. Without your usual routines and support network it can be a difficult time. If you need assistance, please don't hesitate to contact one of the available support services:

Beyond Blue – 1800 512 348
Lifeline - 13 11 14

NSW Health Mental Health – 1800 011 511

STAY HEALTHY AND WELL!