



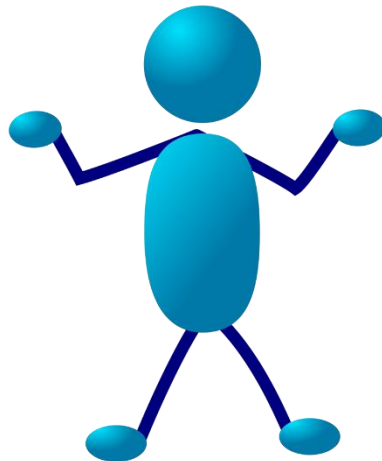
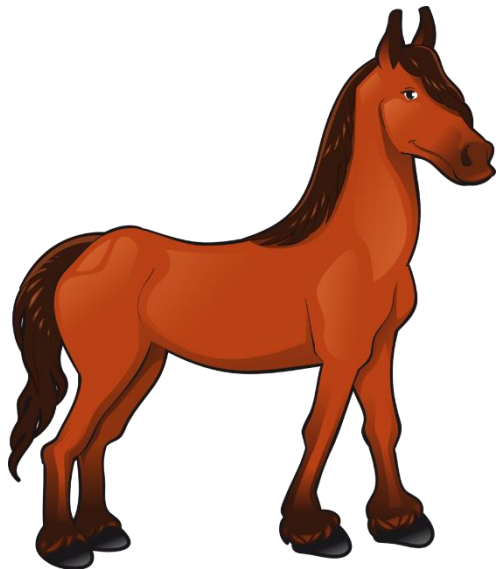
Lets get back to Lesson Planning

What is easy about lesson
planning?

What is hard about lesson
planning?

Planning an effective lesson

- Know your:



- Sea Principle
- SAFE
 - Understand and manage the risks
 - Check the environment / Daily Housekeeping Check
- ENJOYABLE
 - Have fun
- ACHIEVABLE
 - Have fun elements

Session Risk Profiles

GROUP SESSION RISK PROFILE

Participant	Disability of Participant	Risk Implications for participation	Special Requirements to facilitate safe participation	Mounting Method	Goals for Rider

- Provides an overview of the group
- Completed at the beginning of the program as a summary

Session Risk Profiles

Participant name	Participant Mobility type	Participant Behaviour type	Horse name	Horse Level	Support Assistants	Skill to be Taught
					Leader: Y / N / Partial	
					Sidewalker Numbers:	

- Provides an overview of the plan for a particular session
- Completed prior to each session

Matching Horse and Rider/Handler Combinations

<u>Level</u>	<u>Horse</u>	<u>Handler</u>	<u>Rider / Driver</u>
<u>1</u>	<u>Calm, consistent, obedient – educated or trained for the activity</u>	<u>New and/or inexperienced</u>	<u>New and/or inexperienced</u>
<u>2</u>	<u>Compliant and manageable educated or trained for activity</u>	<u>Moderately experienced New and/or inexperienced</u>	<u>Moderately experienced</u>
<u>3</u>	<u>Less compliant and highly reactive horse</u>	<u>Highly experienced</u>	<u>Highly experienced</u>

Matching Horse and Rider/Handler Combinations

RIDER MOBILITY	HORSE LEVEL			
MOBILE	2	2	1	1
WALK WITH AIDS	2	2	1	1
WHEELCHAIR – WEIGHTBEARING	1	1	1	1
WHEELCHAIR – NON – WEIGHTBEARING	1	1	1	1
RIDER BEHAVIOUR	QUIET	COMPLIANT	ROWDY	AGGRESSIVE

THE PLAN.....

- Warm up
 - What will the participants do whilst the remaining participants mount
- Activities
 - What games, exercises or skills will the participants learn
- Cool down
 - Something to signal the end and prepare the participants for the end of the session

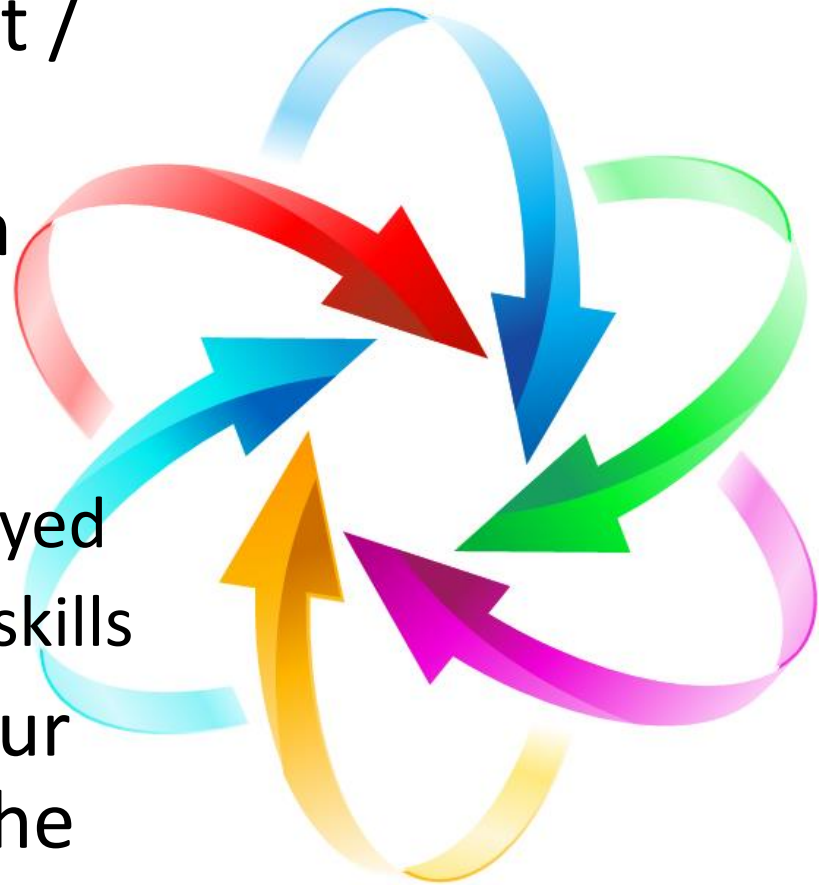


Why do we need to do this?

- To be organised and able to communicate effectively to Volunteers in the pre session briefing
- To plan to develop abilities of our participants
- To show that we have prepared to manage the risk
- To record what occurred and how the session went
- To communicate with fill in Coaches
- As a record for insurance purposes, NDIS review letters, Professional development

Now it's time to share and learn

- Share details of your current / last group of participants
- Share your lesson plan from start to finish:
 - Show the arena set up
 - Games and Activities you played
 - Methods of how you taught skills
- What did you learn from your last session to prepare for the next?



Questions?

Email:

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Main work day will be Mondays 😊