



June 2022

CASP News

Messages from CASP....

Thank you to everyone who came to the State Coaching Workshop and congratulations to those who were presented with awards. We have had great feedback from the sessions and look forward to creating another great workshop in 2023. If you would like to host a State Coaching Workshop please email casp@rdansw.org.au

Also attached are some of the presentations from the Workshop.

COVIDSafe Plan

RDA(NSW) is still operating at Level 3 of the RDA(NSW) COVIDSafe Plan. Part of the COVIDSafe plan is to comply with the government requirements in relation to masks and isolation.

Fully vaccinated now = 3 doses

Please stay informed of the requirements particularly in the case of COVID positive cases that have been in contact with Centres. The current Self Isolation rules can be viewed here: https://www.nsw.gov.au/covid-19/stay-safe/testing/self-isolation-rules

2022 CENTRE SUPPORT SCHEME - SELF ASSESSMENT AUDIT

All Centres must complete a Self Assessment - no later the 6 weeks after commencing programs at the Centre for 2022. Please complete the Self Assessment here:

https://rdansw.app.axcelerate.com/vm_surveys/program_surveys_access.cfm?access_to=complete_survey&surveyid=6412&isv=y&vid=6133&L=90070903&cid=13387925

This years Centre Support Audit will be a full Administration and Program audit.

MOUNTED GAMES

Check out the details regarding the upcoming Zoom session regarding the Mounted Games at Sydney Royal Easter Show.

DRESSAGE MASTERCLASS

If you are interested in learning more about Dressage and how you can get involved the Dressage Committee are running a Masterclass for RDA Coaches and Riders on Saturday 27th August. Check out the details below.

If you have specific support required, questions or concerns please email casp@rdansw.org.au

Take care, stay well and stay up to date with more information available at:

www.health.nsw.gov.au

SAVE THE DATE

Mounted Games Networking for Coaches Thursday 30th June @ 6.30pm On Zoom Register here:

https://us02web.zoom.us/meeting/register/tZYud-trjgsGtwpIrj8dmnUmZ4hWlsmqh0W

Thanks to everyone for your interest in the Mounted Games Big Day out at the Royal Easter Show 2022 culminating in the meeting with HRH Princess Anne. We hope this has piqued your interest in the Mounted Games at the Royal Easter Show for 2023 and we look forward to catching up at the Zoom meeting on Thursday 30th June at 6.30pm.

I would recommend that you read the Mounted Games Information in the RAM (COA -08 Sept 2017, pages 1 to 14) prior to the Zoom meeting, remembering that this is an RDA(NSW) event and does not necessarily represent the Pony Club event of the same name.

The games that will be played are:

Crazy Eight Snakes and Ladders Twist and Turn Bending Race

The first 3 games will be run individually against time.

The Bending Race will be 3 riders competing against each other, again all timed.

These games are non-negotiable for this year to allow for the practice that some Centres have put in previously in preparation for the Games which were subsequently cancelled due to Covid closures.

To increase the demonstration and promotional aspect of Mounted Games Event to the general public the current aim is:

- a) to include the Horse of the Year aspect of the event into the morning Mounted Games Event with the Judge assessing each horses ability to manage to take the best care of its rider during these Games.
- b) to hold up to 3 abbreviated classes representing regular RDA Centre classes in the afternoon session

We understand this is a move away from the traditional style of the Games held at the Royal Easter Show but believe it actually represents our overall ethos more completely.

Please note that the maximum horses eligible in the Royal Easter Show event is shown as 30. This is not set in concrete yet, and is under discussion amongst the Committee, considering the practicality, risk factors and rider enjoyment of running a group of this size.

Please send us questions that you may have in advance of the Zoom so that we can make sure that all aspects are covered.

Looking forward to hearing from you

Kirsty Hardman Acting Chairperson Mounted Games Committee RDA (NSW) mountedgames@rdansw.org.au

SAVE THE DATE

RDA(NSW) Championships Dressage and Gymkhana Gala 26th – 28th August

Sydney International Equestrian Centre

Entries are now open and will close 22nd July.

For entry forms please email dressage@rdansw.org.au

They will be on the Events page of the website soon;)

Riders that are able to ride off the lead are eligible for the Dressage and Gymkhana events.

Riders that are led can participate in the Gymkhana events.

VOLUNTEERS NEEDED FOR THIS EVENT

Lots of roles for an hour or two or a full weekend, pencillers, catering, first aid, stable manager, arena stewards and the list goes on......please email dressage@rdansw.org.au if you would like to be a Volunteer.

NOW SEEKING EVENT SPONSORSHIP

If you know someone or a business that may like to sponsor this event then please put them in touch with the Dressage Committee by email dressage@rdansw.org.au

DRESSAGE MASTERCLASS

An unmounted Dressage Masterclass will be presented on Saturday 27th August at the event. This will provide Coaches and Riders an insight to Dressage and some knowledge and skills to take back and get training for next year. .

The RDA(NSW) Dressage event is an all inclusive environment and is designed to provide participants a fun and encouraging environment.



RDA(NSW) OPTIONS REGARDING BITS!

If the Rider's are learning to steer and are too heavy on the horses mouth the reins can be attached to the halter.

In RDA(NSW) Horses can be lead from a halter without a bridle on as long as the rider remains on the lead and is in a confined area.

This designation needs to be approved by Coaches on the HOR-03 form as a note and minuted in the Committee minutes.

Bitless Bridles are not permitted to be used in RDA programs by riders with a disability unless approved by CASP.

Horses should not be wearing a bitless bridle even if the horse is being led with a halter and lead rope.

Coaches who consider horses suitable for schooling in a bitless bridle may do so for the purposes of schooling by an able bodied qualified RDA(NSW) Coach. It is a requirement for the horse and Coach to be approved by the Centre committee and minuted in the Centre minutes before doing so.

Where it has been determined that the horse is more suited to a Bitless Bridle (by way of training) an application to CASP needs to be made. The application form and requirements can be found in the Members Area in the RTO & Coaching Folder.

ACCESSING THE RAM:

There are many requests for assistance to access the RAM online. To help we have put together a short Video: https://youtu.be/mLiiw3uXuH0

The password has changed so you will need to check with your Centre Secretary for the latest one.

ONE ON ONE MENTORING

If you would like to connect with an experienced Coach as part of a Mentoring program please email training@rdansw.org.au. Open to all levels of Coaches – we want to help support you!

RDA(NSW) COACHES NETWORKING FACEBOOK GROUP

If you haven't yet joined the Networking Facebook group then NOW is the time.

We are hoping to continue to support Coaches around NSW with a place to ask questions and keep in touch with others from around the State.

The link for the FB group is: https://www.facebook.com/groups/rdanswcoaches/